

SPA MENU Jan 2012

SPECIALTY SANDWICHES

Club Sandwich Bap

Sliced Chicken, Bacon, Lettuce, Tomato & Egg Mayonnaise on a Floury Bap, served with Chips

Vegetarian Club Bap (V)

Cheddar Cheese, Red Pepper,

Egg Mayonnaise with Sundried Tomatoes & Baby Gem Lettuce, served with Chips

Toasted Flat Bread

Smoked Salmon, Baby Capers, Crème Fraiche,

Chives and Lemon Wedges

SANDWICHES

Choice of White or Wholemeal Bread

with your choice of up to 4 fillings:

Ham	Cheddar	Coleslaw
Tuna	Onion	Egg Mayonnaise
Beef	Lettuce	Mixed Salad
Cucumber	Tomato	
Chicken	Peppers	

Extra topping € 0.60

Toasted Sandwich

choice of fillings as above

MAINS

Classic Caesar Salad

Fresh Cos Lettuce, Smoked Bacon Lardons, Boiled Egg, Herb Croutons & Fresh Parmesan Shavings with our own Homemade Caesar Dressing

Add Chicken: extra €2.00

Spinach & Ricotta Tortellini (V)

Pesto Cream Sauce

Spicy Marinated Chicken Breast

Open Toasted Ciabatta, Cucumber, Beef Tomato,
Baby Gem, Lemon Aioli & Chips

Salmon, Broccoli & Potato Bake

Wholegrain Mustard & Parmesan Sauce

DESSERTS

Dessert of the Day

Please ask your Server

Fresh Fruit Salad (♥) (G)

Served with fresh cream on the side

Strawberry Cheesecake

Fruit Coulis & Whipped Cream